

2024 South Carolina's Strongest		Log Press	Max Axle Deadlift			Carry Medley			Bag Toss			Sandbag to Shoulder			Athlete	Place							
Teen Women u140																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
1	4	Gwendolynn Morehouse	6 reps	1	1	175 lbs	1	1	2	153 ft 10 in	1	1	3	0	3	3 bags in 26.7 sec	1	1	4	ndolynn Morehouse	1		
Novice Women u140																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
3	6.5	Lilia Barrera	4 reps	3	1	265 lbs	2	1.5	2.5	167 ft 3 in	3	1	3.5	2 bags in 22.88 sec	2	2	5.5	4 bags in 46.9 sec	3	1	6.5	Lilia Barrera	3
2	11.5	MaKayla Probst	10 reps	1	3	265 lbs	2	1.5	4.5	252 ft 7 in	2	2	6.5	4 bags in 30.5 sec	1	3	9.5	4 bags in 43.09 sec	2	2	11.5	MaKayla Probst	2
1	12	Laura King	8 reps	2	2	295 lbs	1	3	5	256 ft 5 in	1	3	8	2 bags in 29.59 sec	3	1	9	4 bags in 23.37 sec	1	3	12	Laura King	1
Novice Women u180																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
3	5.5	Candice Floyd	0	0	0	295 lbs	1	2.5	2.5	186 ft 2 in	3	1	3.5	2 bags in 19.01 sec	3	1	4.5	3 bags in 52.7 sec	3	1	5.5	Candice Floyd	3
2	10.5	Mallory Clayton	1 rep	2	2	295 lbs	1	2.5	4.5	255 ft 0 in	2	2	6.5	4 bags in 17.91 sec	2	2	8.5	3 bags in 22.35 sec	2	2	10.5	Mallory Clayton	2
1	13	Heather Mushtare	7 reps	1	3	265 lbs	3	1	4	00000364 in	1	3	7	5 bags in 41.09 sec	1	3	10	4 bags in 30.75 sec	1	3	13	Heather Mushtare	1
Open Women u125																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
2	6	Lauren Bond	0	0	0	265 lbs	2	1	1	253 ft 9 in	2	1	2	4 bags in 18.88 sec	1	2	4	4 bags in 40.68 sec	1	2	6	Lauren Bond	2
1	8	Annah Woods	2 reps	1	2	355 lbs	1	2	4	327 ft 8 in	1	2	6	3 bags in 25.91 sec	2	1	7	3 bags in 32.63 sec	2	1	8	Annah Woods	1 Arnold Invite
Masters Women u140																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
1	5	Kari Chase	2 reps	1	1	325 lbs	1	1	2	160 ft 0 in	1	1	3	4 bags in 30.24 sec	1	1	4	3 bags in 43.53 sec	1	1	5	Kari Chase	1
Novice Women HW																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
2	4	Shannon Byrd	0	0	0	325 lbs	2	1	1	83 ft 5 in	2	1	2	2 bags in 10.18 sec	2	1	3	2 bags in 28.15 sec	2	1	4	Shannon Byrd	2
1	10	Elana Durden	3 reps	1	2	385 lbs	1	2	4	237 ft 4 in	1	2	6	5 bags in 51.44 sec	1	2	8	3 bags in 28.4 sec	1	2	10	Elana Durden	1
Open Women u140																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
3	5	Tiffany Martino	0	0	0	325 lbs	2	2	2	145 ft 0 in	3	1	3	2 bags in 24.49 sec	3	1	4	3 bags in 35.25 sec	3	1	5	Tiffany Martino	3
2	11	Chloe Glass	6 reps	2	2	0	0	0	2	227 ft 5 in	1	3	5	5 bags in 27.38 sec	1	3	8	4 bags in 23.19 sec	1	3	11	Chloe Glass	2
1	12	Megan Mooskian	8 reps	1	3	355 lbs	1	3	6	162 ft 7 in	2	2	8	5 bags in 43.72 sec	2	2	10	4 bags in 24.95 sec	2	2	12	Megan Mooskian	1 Arnold Invite
Masters Women u180																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
8	6	Ariana Toro	0	0	0	235 lbs	8	1	1	00000182 in	7	2	3	2 bags in 29.59 sec	8	1	4	3 bags in 39.13 sec	7	2	6	Ariana Toro	8
7	9.5	Kim Barnhardt	0	0	0	265 lbs	6	2.5	2.5	120 ft 0 in	8	1	3.5	4 bags in 35.82 sec	6	3	6.5	3 bags in 35.51 sec	6	3	9.5	Kim Barnhardt	7
6	13.5	Heather Burgin	2 reps	5	4	265 lbs	6	2.5	6.5	160 ft 0 in	4	4	10.5	4 bags in 54 sec	7	2	12.5	3 bags in 39.21 sec	8	1	13.5	Heather Burgin	6
5	17	Jaelyn Lowe	0	0	0	295 lbs	5	4	4	160 ft 0 in	4	4	8	5 bags in 28.29 sec	4	5	13	3 bags in 26.9 sec	5	4	17	Jaelyn Lowe	5
4	27.5	Amy Carroll	4 reps	4	5	355 lbs	3	5.5	10.5	210 ft 0 in	3	6	16.5	5 bags in 24.74 sec	3	6	22.5	4 bags in 33.34 sec	4	5	27.5	Amy Carroll	4
3	28.5	Alexis Kajencki	8 reps	2	6.5	385 lbs	2	7	13.5	160 ft 0 in	4	4	17.5	5 bags in 54.64 sec	5	4	21.5	4 bags in 28.64 sec	2	7	28.5	Alexis Kajencki	3
1	36	Sanda Heger	9 reps	1	8	415 lbs	1	8	16	223 ft 3 in	2	7	23	5 bags in 22.82 sec	2	7	30	4 bags in 30.32 sec	3	6	36	Sanda Heger	2
1	36	Kirsten Ostby	8 reps	2	6.5	355 lbs	3	5.5	12	280 ft 0 in	1	8	20	5 bags in 15.32 sec	1	8	28	4 bags in 26.29 sec	1	8	36	Kirsten Ostby	1

2024 South Carolina's Strongest											Sandbag to Shoulder												
			Log Press			Max Axle Deadlift			Carry Medley			Bag Toss											
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Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
3	7	Anitra Jones	9 reps	1	2	355 lbs	3	1	3	0		0	3	5 bags in 24.25 sec	1	3	6	3 bags in 34.36 sec	3	1	7	Anitra Jones	3
2	10	Tabitha Napier	9 reps	1	2	415 lbs	2	2	4	80 ft 0 in	2	2	6	5 bags in 35.04 sec	3	1	7	4 bags in 42.96 sec	1	3	10	Tabitha Napier	2
1	12	Racheal Paveglio	9 reps	1	2	445 lbs	1	3	5	90 ft 7 in	1	3	8	5 bags in 29.71 sec	2	2	10	4 bags in 54.32 sec	2	2	12	Racheal Paveglio	1
Open Women u160																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
6	7	Kayla Wright	6 reps	3	3	325 lbs	6	1	4	48 ft 1 in	6	1	5	4 bags in 41.06 sec	6	1	6	3 bags in 31.8 sec	6	1	7	Kayla Wright	6
5	14.5	Kirsten Ostby	6 reps	3	3	355 lbs	4	2.5	5.5	212 ft 11 in	3	4	9.5	5 bags in 25.19 sec	5	2	11.5	4 bags in 52.13 sec	4	3	14.5	Kirsten Ostby	5
4	15.5	Sydney Clark	2 reps	6	1	355 lbs	4	2.5	3.5	199 ft 6 in	5	2	5.5	5 bags in 16.88 sec	2	5	10.5	4 bags in 29.64 sec	2	5	15.5	Sydney Clark	4
3	19	Rachel Cornish	7 reps	2	5	385 lbs	3	4	9	244 ft 3 in	2	5	14	5 bags in 19.67 sec	4	3	17	3 bags in 21.76 sec	5	2	19	Rachel Cornish	3
2	23.5	Megan Prato	6 reps	3	3	415 lbs	1	5.5	8.5	205 ft 5 in	4	3	11.5	5 bags in 16.67 sec	1	6	17.5	4 bags in 25.51 sec	1	6	23.5	Megan Prato	2 Arnold Invite (Scoring Error)
1	25.5	Christy Senay	8 reps	1	6	415 lbs	1	5.5	11.5	254 ft 10 in	1	6	17.5	5 bags in 17.62 sec	3	4	21.5	4 bags in 33.39 sec	3	4	25.5	Christy Senay	1 Arnold Invite
Open Women u180																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
7	4.5	Meghan Tankersley	0		0	355 lbs	4	2.5	2.5	0		0	2.5	2 bags in 5.36 sec	7	1	3.5	1 bag in 13.15 sec	7	1	4.5	Meghan Tankersley	7
6	9.5	Savannah Coffey	0		0	355 lbs	4	2.5	2.5	126 ft 6 in	5	3	5.5	3 bags in 15.15 sec	6	2	7.5	2 bags in 43.25 sec	6	2	9.5	Savannah Coffey	6
5	17.5	Hannah Thomas	4 reps	4	4	385 lbs	2	5.5	9.5	0		0	9.5	4 bags in 18.31 sec	4	4	13.5	3 bags in 33.7 sec	4	4	17.5	Hannah Thomas	5
4	18.5	Jessica Patterson	3 reps	5	3	355 lbs	4	2.5	5.5	160 ft 0 in	3	5	10.5	4 bags in 14.66 sec	3	5	15.5	2 bags in 21.99 sec	5	3	18.5	Jessica Patterson	4
3	25.5	Kara Petruzzelli	6 reps	3	5	355 lbs	4	2.5	7.5	229 ft 7 in	2	6	13.5	5 bags in 46.03 sec	2	6	19.5	4 bags in 48.7 sec	2	6	25.5	Kara Petruzzelli	3
2	26	Kaitlan Wilday	7 reps	1	6.5	385 lbs	2	5.5	12	148 ft 4 in	4	4	16	4 bags in 19.4 sec	5	3	19	4 bags in 32.76 sec	1	7	26	Kaitlan Wilday	2
1	32.5	Stacey Scott	7 reps	1	6.5	415 lbs	1	7	13.5	250 ft 2 in	1	7	20.5	5 bags in 19.29 sec	1	7	27.5	3 bags in 17.84 sec	3	5	32.5	Stacey Scott	1 Arnold Invite
Open Women HW																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place				
7	12	Julia McBeth	0		0	415 lbs	4	3.5	3.5	40 ft 0 in	6	1.5	5	2 bags in 11.42 sec	7	1	6	2 bags in 19.19 sec	2	6	12	Julia McBeth	7
6	13	Alyssa Kenny	0		0	385 lbs	6	2	2	87 ft 4 in	3	5	7	4 bags in 57.08 sec	5	3	10	2 bags in 33.39 sec	5	3	13	Alyssa Kenny	6
4	14.5	Mary Katherine Seabury	4 reps	3	5	355 lbs	7	1	6	40 ft 0 in	6	1.5	7.5	3 bags in 18.27 sec	6	2	9.5	2 bags in 23.84 sec	3	5	14.5	Mary Katherine Seabury	4
4	14.5	Christina Mackey	0		0	415 lbs	4	3.5	3.5	80 ft 0 in	4	4	7.5	4 bags in 18.13 sec	2	6	13.5	2 bags in 39.58 sec	7	1	14.5	Christina Mackey	4
3	21.5	Kelli Stonewall	1 rep	4	4	445 lbs	2	5.5	9.5	49 ft 2 in	5	3	12.5	4 bags in 23.89 sec	3	5	17.5	2 bags in 24.56 sec	4	4	21.5	Kelli Stonewall	3
2	27.5	Kailynn McComas	6 reps	1	7	445 lbs	2	5.5	12.5	110 ft 1 in	2	6	18.5	5 bags in 23.17 sec	1	7	25.5	2 bags in 34.96 sec	6	2	27.5	Kailynn McComas	2
1	31	Victoria Farley	5 reps	2	6	475 lbs	1	7	13	137 ft 1 in	1	7	20	4 bags in 32.33 sec	4	4	24	3 bags in 24.72 sec	1	7	31	Victoria Farley	1 Arnold Invite

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Teen Men u175																								
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place	
1	5	Robert Stalnaker	3 reps	1	1	385 lbs	1	1	2	153 ft 10 in	1	1	3	2 bags in 13.5 sec	1	1	4	4 bags in 26.2 sec	1	1	5	Robert Stalnaker	1	
Teen Men u231																								
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place	
2	7	Mason Smith	6 reps	1	2	435 lbs	2	1	3	253 ft 30 in	2	1	4	5 bags in 34.31 sec	2	1	5	4 bags in 18.45 sec	1	2	7	Mason Smith	2	
1	8	Gregory Pavlunenko	5 reps	2	1	475 lbs	1	2	3	316 ft 10 in	1	2	5	5 bags in 29.41 sec	1	2	7	4 bags in 18.92 sec	2	1	8	Gregory Pavlunenko	1	
Teen Men HW																								
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place	
1	5	Justin Smith	7 reps	1	1	525 lbs	1	1	2	158 ft 50 in	1	1	3	5 bags in 17.49 sec	1	1	4	4 bags in 29.27 sec	1	1	5	Justin Smith	1	
Novice Men u231																								
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place	
7	4	Ernesto Barquet	0		0	385 lbs	7	1	1	53 ft 8 in	7	1	2	2 bags in 11.08 sec	7	1	3	3 bags in 44.18 sec	7	1	4	Ernesto Barquet	7	
6	14.5	Bradley White	2 reps	5	2.5	435 lbs	6	2	4.5	215 ft 7 in	2	6	10.5	3 bags in 15.9 sec	6	2	12.5	3 bags in 34.87 sec	6	2	14.5	Bradley White	6	
5	17	Josiah Herrera	2 reps	5	2.5	525 lbs	4	3.5	6	120 ft 0 in	6	2	8	5 bags in 20.98 sec	2	6	14	3 bags in 16.81 sec	5	3	17	Josiah Herrera	5	
4	20.5	Cody Weyandt	5 reps	3	5	525 lbs	4	3.5	8.5	139 ft 6 in	5	3	11.5	5 bags in 23.14 sec	4	4	15.5	4 bags in 24.28 sec	3	5	20.5	Cody Weyandt	4	
3	24	Kyle Ray	6 reps	1	6.5	565 lbs	2	5.5	12	200 ft 0 in	3	5	17	4 bags in 32.01 sec	5	3	20	4 bags in 28.88 sec	4	4	24	Kyle Ray	3	
2	24.5	Aaron Easley	3 reps	4	4	565 lbs	2	5.5	9.5	160 ft 0 in	4	4	13.5	5 bags in 22.01 sec	3	5	18.5	4 bags in 21.58 sec	2	6	24.5	Aaron Easley	2	
1	34.5	David McGriff	6 reps	1	6.5	655 lbs	1	7	13.5	256 ft 6 in	1	7	20.5	5 bags in 20.32 sec	1	7	27.5	4 bags in 19.07 sec	1	7	34.5	David McGriff	1	
Novice Men HW																								
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place	
		Alexander Clawson	0		0	0		0	0	0		0	0	0		0	0						Alexander Clawson	
		Brett McLanahan	0		0	0		0	0	0		0	0	0		0	0						Brett McLanahan	
11	19	Dustin Edmonds	2 reps	7	5.5	525 lbs	9	4	9.5	44 ft 1 in	10	3.5	13	2 bags in 16.51 sec	11	3	16	3 bags in 38.57 sec	9	3	19	Dustin Edmonds	11	
10	23.5	Bobby Stalnaker	2 reps	7	5.5	565 lbs	3	8.5	14	44 ft 1 in	10	3.5	17.5	4 bags in 38.61 sec	10	4	21.5	2 bags in 19.94 sec	10	2	23.5	Bobby Stalnaker	10	
9	28	John Bray	0		0	655 lbs	1	13	13	80 ft 0 in	9	5	18	5 bags in 37.06 sec	5	9	27	2 bags in 22.26 sec	11	1	28	John Bray	9	
8	30.5	Andrew Finlayson	2 reps	7	5.5	565 lbs	3	8.5	14	120 ft 0 in	7	6.5	20.5	4 bags in 20.53 sec	8	6	26.5	3 bags in 19.57 sec	8	4	30.5	Andrew Finlayson	8	
7	34.5	Ian Wilson	3 reps	5	8.5	525 lbs	9	4	12.5	149 ft 1 in	6	8	20.5	4 bags in 14.78 sec	7	7	27.5	4 bags in 37.09 sec	5	7	34.5	Ian Wilson	7	
6	38.5	Nathan Horatschki	3 reps	5	8.5	565 lbs	3	8.5	17	120 ft 0 in	7	6.5	23.5	5 bags in 35.21 sec	4	10	33.5	4 bags in 55.78 sec	7	5	38.5	Nathan Horatschki	6	
5	43	Yaniel Taala-Robledo	2 reps	7	5.5	565 lbs	3	8.5	14	177 ft 5 in	2	12	26	4 bags in 13.18 sec	6	8	34	4 bags in 30.22 sec	3	9	43	Yaniel Taala-Robledo	5	
4	45	Dane Hammer	5 reps	2	11	615 lbs	2	12	23	155 ft 6 in	5	9	32	4 bags in 23.85 sec	9	5	37	4 bags in 36.19 sec	4	8	45	Dane Hammer	4	
3	47	Brian Moser	5 reps	2	11	525 lbs	9	4	15	160 ft 0 in	4	10	25	5 bags in 20.03 sec	2	12	37	4 bags in 26.45 sec	2	10	47	Brian Moser	3	
2	47.5	Joe McNeil	5 reps	2	11	565 lbs	3	8.5	19.5	170 ft 8 in	3	11	30.5	5 bags in 30.14 sec	3	11	41.5	4 bags in 38.4 sec	6	6	47.5	Joe McNeil	2	
1	58.5	Joshua Petrecky	6 reps	1	13	565 lbs	3	8.5	21.5	228 ft 9 in	1	13	34.5	5 bags in 13.63 sec	1	13	47.5	4 bags in 26.26 sec	1	11	58.5	Joshua Petrecky	1	

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Open Men u175																									
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11	6.5	Tyler Dunn	0		0	0		0	0	40 ft 0 in	10	1.5	1.5	2 bags in 5.86 sec	10	2	3.5	3 bags in 38.57 sec	9	3	6.5	Tyler Dunn	11		
10	10	Jacob Siler	0		0	385 lbs	10	2	2	64 ft 10 in	9	3	5	3 bags in 24.66 sec	9	3	8	2 bags in 19.94 sec	10	2	10	Jacob Siler	10		
9	13	Oscar Plascencia	0		0	525 lbs	5	6.5	6.5	40 ft 0 in	10	1.5	8	4 bags in 19.53 sec	8	4	12	2 bags in 22.26 sec	11	1	13	Oscar Plascencia	9		
8	13.5	William Bustin	0		0	475 lbs	7	4.5	4.5	97 ft 8 in	8	4	8.5	2 bags in 17.55 sec	11	1	9.5	3 bags in 19.57 sec	8	4	13.5	William Bustin	8		
7	31.5	Justin Boleware	5 reps	5	7	475 lbs	7	4.5	11.5	220 ft 2 in	4	8	19.5	5 bags in 28.47 sec	5	7	26.5	4 bags in 37.09 sec	7	5	31.5	Justin Boleware	7		
6	35	Jake Reece	7 reps	3	8.5	525 lbs	5	6.5	15	209 ft 9 in	5	7	22	4 bags in 17.45 sec	7	5	27	4 bags in 30.22 sec	4	8	35	Jake Reece	6		
4	36	Steve Coyne	3 reps	7	5	655 lbs	1	11	16	141 ft 9 in	7	5	21	5 bags in 39.87 sec	6	6	27	4 bags in 27 sec	3	9	36	Steve Coyne	4		
4	36	Zack Viers	4 reps	6	6	435 lbs	9	3	9	275 ft 4 in	2	10	19	5 bags in 11.76 sec	1	11	30	4 bags in 36.4 sec	6	6	36	Zack Viers	4		
3	38	Nate Jones	7 reps	3	8.5	565 lbs	3	8.5	17	154 ft 9 in	6	6	23	5 bags in 24.67 sec	4	8	31	4 bags in 36.19 sec	5	7	38	Nate Jones	3		
2	46.5	Zach Schulze	8 reps	2	10	565 lbs	3	8.5	18.5	221 ft 5 in	3	9	27.5	5 bags in 14.43 sec	3	9	36.5	4 bags in 26.45 sec	2	10	46.5	Zach Schulze	2		
1	53	Dillon Thompson	9 reps	1	11	615 lbs	2	10	21	280 ft 0 in	1	11	32	5 bags in 12.64 sec	2	10	42	4 bags in 26.26 sec	1	11	53	Dillon Thompson	1 Arnold Invite		
Masters Men u231																									
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place		
7	6	William Wallace	0		0	385 lbs	7	2	2	40 ft 0 in	7	2	4	1 bag in 15.01 sec	7	1	5	1 bag in 15.94 sec	7	1	6	William Wallace	7		
6	14.5	Chris Probst	0		0	565 lbs	3	5.5	5.5	87 ft 0 in	5	4	9.5	2 bags in 12.92 sec	5	3	12.5	2 bags in 23.98 sec	6	2	14.5	Chris Probst	6		
5	17.5	Andrew Snell	0		0	435 lbs	6	3	3	120 ft 0 in	3	5.5	8.5	5 bags in 29.14 sec	2	6	14.5	3 bags in 51.95 sec	5	3	17.5	Andrew Snell	5		
4	19	Lynn Morehouse	5 reps	3	6	475 lbs	5	4	10	83 ft 4 in	6	3	13	1 bag in 11.96 sec	6	2	15	3 bags in 31.92 sec	4	4	19	Lynn Morehouse	4		
3	25	Travis Coffey	2 reps	4	5	565 lbs	3	5.5	10.5	120 ft 0 in	3	5.5	16	4 bags in 51.02 sec	4	4	20	4 bags in 51.04 sec	3	5	25	Travis Coffey	3		
2	34.5	John Heger	6 reps	1	7.5	615 lbs	2	7	14.5	167 ft 2 in	2	7	21.5	5 bags in 17.35 sec	1	7	28.5	4 bags in 30.95 sec	2	6	34.5	John Heger	2		
1	35.5	Paul Mwanza	6 reps	1	7.5	655 lbs	1	8	15.5	217 ft 5 in	1	8	23.5	4 bags in 30.08 sec	3	5	28.5	4 bags in 27.88 sec	1	7	35.5	Paul Mwanza	1		
Masters Men HW																									
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place		
12	4	Adam Geiger	1 rep	8	4	0		0	4	0		0	4	0		0	4	0		0	4	Adam Geiger	12		
11	13	Kemal Carmon	1 rep	8	4	655 lbs	2	9	13	0		0	13	0		0	13	0		0	13	Kemal Carmon	11		
10	18	Greg Popejoy	1 rep	8	4	525 lbs	11	2	6	21 ft 2 in	9	4	10	3 bags in 22.7 sec	9	4	14	2 bags in 25.77 sec	9	4	18	Greg Popejoy	10		
9	21	Troy Bennett	0		0	655 lbs	2	9	9	55 ft 2 in	8	5	14	4 bags in 16.65 sec	6	7	21	0		0	21	Troy Bennett	9		
8	27	Michael Gallagher	0		0	615 lbs	7	5	5	80 ft 0 in	6	7	12	5 bags in 35.38 sec	4	9	21	3 bags in 51.27 sec	7	6	27	Michael Gallagher	8		
7	28	Jeremy Napier	8 reps	1	12	565 lbs	10	3	15	13 ft 6 in	10	3	18	3 bags in 33.37 sec	10	3	21	3 bags in 38.11 sec	6	7	28	Jeremy Napier	7		
6	32.5	Brad Currell	2 reps	6	6.5	615 lbs	7	5	11.5	95 ft 2 in	5	8	19.5	3 bags in 22.5 sec	8	5	24.5	3 bags in 36.93 sec	5	8	32.5	Brad Currell	6		
5	36	Graham Cooper	2 reps	6	6.5	615 lbs	7	5	11.5	120 ft 0 in	3	9.5	21	3 bags in 14.31 sec	7	6	27	3 bags in 30.55 sec	4	9	36	Graham Cooper	5		
4	40	Michael Rivers	5 reps	4	9	655 lbs	2	9	18	79 ft 0 in	7	6	24	5 bags in 18.47 sec	2	11	35	2 bags in 11.64 sec	8	5	40	Michael Rivers	4		
3	46.5	Jon Corson	3 reps	5	8	655 lbs	2	9	17	120 ft 0 in	3	9.5	26.5	5 bags in 29.51 sec	3	10	36.5	3 bags in 24 sec	3	10	46.5	Jon Corson	3		
2	49.5	Jason Parman	7 reps	2	10.5	655 lbs	2	9	19.5	128 ft 7 in	2	11	30.5	5 bags in 55.16 sec	5	8	38.5	4 bags in 37.64 sec	2	11	49.5	Jason Parman	2		
1	58.5	Randy Cole	7 reps	2	10.5	705 lbs	1	12	22.5	145 ft 1 in	1	12	34.5	5 bags in 15.39 sec	1	12	46.5	4 bags in 30.41 sec	1	12	58.5	Randy Cole	1		

2024 South Carolina's Strongest																							
Log Press			Max Axle Deadlift			Carry Medley			Bag Toss			Sandbag to Shoulder			Athlete		Place						
Open Men u200																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place
16	13	Byron Bennett	0		0	475 lbs	14	4	4	160 ft 0 in	13	6	10	2 bags in 25.77 sec	16	1	11	2 bags in 22.24 sec	15	2	13	Byron Bennett	16
15	25	Derek Hammond	0		0	475 lbs	14	4	4	170 ft 8 in	12	7	11	3 bags in 21.68 sec	11	6	17	4 bags in 38.15 sec	9	8	25	Derek Hammond	15
14	26	Kyle Rosinke	0		0	475 lbs	14	4	4	186 ft 0 in	5	14	18	3 bags in 40.32 sec	12	5	23	2 bags in 18.03 sec	14	3	26	Kyle Rosinke	14
13	29.5	Zackery Crooks	2 reps	7	11	565 lbs	6	11.5	22.5	63 ft 7 in	16	3	25.5	2 bags in 10.79 sec	14	3	28.5	2 bags in 37.56 sec	16	1	29.5	Zackery Crooks	13
12	31.5	Greg Schiltz	0		0	525 lbs	10	7.5	7.5	156 ft 9 in	15	4	11.5	3 bags in 19.66 sec	10	7	18.5	4 bags in 28.31 sec	4	13	31.5	Greg Schiltz	12
11	39.5	Blake Vandall	2 reps	7	11	525 lbs	10	7.5	18.5	171 ft 7 in	11	8	26.5	3 bags in 54.57 sec	13	4	30.5	4 bags in 36.2 sec	8	9	39.5	Blake Vandall	11
10	41.5	Ben Thomas	0		0	525 lbs	10	7.5	7.5	177 ft 10 in	8	11	18.5	4 bags in 25.82 sec	5	12	30.5	4 bags in 30.24 sec	6	11	41.5	Ben Thomas	10
9	45	Brian Bauer	1 rep	10	8.5	565 lbs	6	11.5	20	175 ft 6 in	10	9	29	3 bags in 13.87 sec	8	9	38	3 bags in 25.4 sec	10	7	45	Brian Bauer	9
8	49	Josh Strickland	4 reps	5	14	655 lbs	1	18	32	177 ft 8 in	9	10	42	2 bags in 12.39 sec	15	2	44	3 bags in 31.01 sec	12	5	49	Josh Strickland	8
7	53.5	Ante Brusich	2 reps	7	11	565 lbs	6	11.5	22.5	184 ft 11 in	6	13	35.5	4 bags in 20.52 sec	3	14	49.5	3 bags in 51.33 sec	13	4	53.5	Ante Brusich	7
6	55.5	Matthew Anderson	5 reps	4	15	525 lbs	10	7.5	22.5	178 ft 7 in	7	12	34.5	4 bags in 29.34 sec	6	11	45.5	4 bags in 35.95 sec	7	10	55.5	Matthew Anderson	6
5	63	Christopher Boucher	1 rep	10	8.5	565 lbs	6	11.5	20	240 ft 0 in	1	18	38	4 bags in 25.45 sec	4	13	51	4 bags in 28.86 sec	5	12	63	Christopher Boucher	5
4	64	Joshua Dargis	7 reps	2	16.5	615 lbs	2	15.5	32	200 ft 0 in	3	16	48	4 bags in 29.3 sec	7	10	58	3 bags in 27.34 sec	11	6	64	Joshua Dargis	4
3	68.5	Wade Alam	3 reps	6	13	615 lbs	2	15.5	28.5	220 ft 1 in	2	17	45.5	3 bags in 19.36 sec	9	8	53.5	4 bags in 23.25 sec	2	15	68.5	Wade Alam	3
2	69.5	Nicholas Santangelo	9 reps	1	18	615 lbs	2	15.5	33.5	157 ft 6 in	14	5	38.5	4 bags in 17.82 sec	2	15	53.5	4 bags in 20.9 sec	1	16	69.5	Nicholas Santangelo	2
1	77	Brendan Swengros	7 reps	2	16.5	615 lbs	2	15.5	32	193 ft 2 in	4	15	47	5 bags in 22.98 sec	1	16	63	4 bags in 25.59 sec	3	14	77	Brendan Swengros	1 Arnold Invite
Open Men u231																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place
13	14.5	Corey Frank	2 reps	8	4.5	525 lbs	11	2	6.5	40 ft 0 in	12	2	8.5	2 bags in 25.16 sec	12	2	10.5	3 bags in 40.78 sec	10	4	14.5	Corey Frank	13
12	16	Rob Harris	0		0	615 lbs	6	7	7	33 ft 11 in	13	1	8	4 bags in 26.55 sec	7	7	15	2 bags in 16.99 sec	13	1	16	Rob Harris	12
10	19	Samuel Laurie	1 rep	12	2	615 lbs	6	7	9	73 ft 6 in	10	4	13	2 bags in 12.28 sec	11	3	16	3 bags in 44.16 sec	11	3	19	Samuel Laurie	10
10	19	Vinny Feraca	4 reps	7	7	525 lbs	11	2	9	109 ft 9 in	7	7	16	2 bags in 47.59 sec	13	1	17	3 bags in 53.25 sec	12	2	19	Vinny Feraca	10
9	21.5	Blake Grandstaff	2 reps	8	4.5	525 lbs	11	2	6.5	86 ft 8 in	9	5	11.5	3 bags in 17.05 sec	9	5	16.5	3 bags in 38.98 sec	9	5	21.5	Blake Grandstaff	9
8	28	William Leinart	5 reps	5	8.5	565 lbs	9	4.5	13	60 ft 2 in	11	3	16	3 bags in 12.23 sec	8	6	22	3 bags in 26.39 sec	8	6	28	William Leinart	8
7	36	Austin Eldridge	5 reps	5	8.5	565 lbs	9	4.5	13	125 ft 10 in	6	8	21	3 bags in 27.05 sec	10	4	25	4 bags in 30.78 sec	3	11	36	Austin Eldridge	7
6	41	Mark Sylvia	2 reps	8	4.5	615 lbs	6	7	11.5	200 ft 0 in	2	11.5	23	5 bags in 22.54 sec	4	10	33	3 bags in 13.52 sec	6	8	41	Mark Sylvia	6
5	46	Isaac Smith	2 reps	8	4.5	655 lbs	3	10	14.5	200 ft 0 in	2	11.5	26	4 bags in 13.41 sec	6	8	34	4 bags in 30.27 sec	2	12	46	Isaac Smith	5
4	47.5	Nicholas Stock	9 reps	1	12.5	655 lbs	3	10	22.5	103 ft 7 in	8	6	28.5	4 bags in 12.74 sec	5	9	37.5	4 bags in 31.11 sec	4	10	47.5	Nicholas Stock	4
3	50	Steven Bradley	6 reps	4	10	795 lbs	1	13	23	167 ft 5 in	5	9	32	5 bags in 21.83 sec	3	11	43	3 bags in 23.98 sec	7	7	50	Steven Bradley	3
2	56	Nick Saccente	8 reps	3	11	655 lbs	3	10	21	211 ft 6 in	1	13	34	5 bags in 18.57 sec	1	13	47	4 bags in 45.81 sec	5	9	56	Nick Saccente	2
1	59.5	Ryan Wilk	9 reps	1	12.5	745 lbs	2	12	24.5	196 ft 7 in	4	10	34.5	5 bags in 21.71 sec	2	12	46.5	4 bags in 23.59 sec	1	13	59.5	Ryan Wilk	1 Arnold Invite

2024 South Carolina's Strongest																							
Open Men 225			Log Press			Max Axle Deadlift			Carry Medley			Bag Toss			Sandbag to Shoulder			Athlete		Place			
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place
14	8	Josh Powell	0		0	435 lbs	14	1	1	0		0	1	1 bag in 6.98 sec	12	3	4	2 bags in 23.49 sec	11	4	8	Josh Powell	14
13	13.5	Chris Busto	0		0	525 lbs	12	2.5	2.5	9 ft 9 in	12	3	5.5	1 bag in 7.35 sec	13	2	7.5	2 bags in 21.24 sec	9	6	13.5	Chris Busto	13
12	14	Randy Cole	0		0	705 lbs	1	14	14			0	14	0		0	14	0		0	14	Randy Cole	12
11	14.5	Patrick Parker	0		0	525 lbs	12	2.5	2.5	69 ft 1 in	11	4	6.5	2 bags in 28.84 sec	10	5	11.5	2 bags in 60 sec	12	3	14.5	Patrick Parker	11
10	26	Steve Scott	0		0	655 lbs	2	10	10	78 ft 0 in	10	5	15	3 bags in 32.19 sec	9	6	21	2 bags in 22.43 sec	10	5	26	Steve Scott	10
9	34	Robert Marzoni	5 reps	1	14	655 lbs	2	10	24	82 ft 1 in	9	6	30	2 bags in 39.18 sec	11	4	34	0		0	34	Robert Marzoni	9
8	35	Sean Radcliff	0		0	655 lbs	2	10	10	139 ft 6 in	7	8	18	4 bags in 37.42 sec	8	7	25	4 bags in 49.32 sec	5	10	35	Sean Radcliff	8
7	36.5	Garrett Maiers	0		0	615 lbs	9	5.5	5.5	158 ft 2 in	4	11	16.5	5 bags in 37.84 sec	2	13	29.5	3 bags in 32.61 sec	8	7	36.5	Garrett Maiers	7
5	48	Jacob Moore	3 reps	3	12	655 lbs	2	10	22	133 ft 3 in	8	7	29	4 bags in 16.41 sec	5	10	39	4 bags in 60 sec	6	9	48	Jacob Moore	5
5	48	Gary Mizner	2 reps	4	10	565 lbs	11	4	14	160 ft 0 in	3	12	26	5 bags in 16.7 sec	1	14	40	3 bags in 27.49 sec	7	8	48	Gary Mizner	5
4	50	Bradley Guffie	1 rep	7	8	655 lbs	2	10	18	140 ft 7 in	6	9	27	4 bags in 14.29 sec	3	12	39	4 bags in 38.9 sec	4	11	50	Bradley Guffie	4
3	51.5	Michael Smith	2 reps	4	10	615 lbs	9	5.5	15.5	175 ft 7 in	1	14	29.5	4 bags in 23.5 sec	6	9	38.5	4 bags in 37.16 sec	2	13	51.5	Michael Smith	3
2	55	Frank Sharpe	4 reps	2	13	655 lbs	2	10	23	157 ft 11 in	5	10	33	4 bags in 29.68 sec	7	8	41	4 bags in 32.24 sec	1	14	55	Frank Sharpe	2
1	56	Tyler Fullington	2 reps	4	10	655 lbs	2	10	20	172 ft 2 in	2	13	33	4 bags in 14.86 sec	4	11	44	4 bags in 38.71 sec	3	12	56	Tyler Fullington	1 Arnold Invite
Open Men HW																							
Place	Total Points	Competitor	Result	Place	Pts	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Result	Place	Pts	Total	Athlete	Place
18	11.5	Mitchell Fitzgerald	1 rep	12	8	525 lbs	17	3.5	11.5	0		0	11.5	0		0	11.5	0		0	11.5	Mitchell Fitzgerald	18
17	18	Kyle Masiero	0		0	615 lbs	15	5.5	5.5	40 ft 0 in	12	6.5	12	1 bag in 35.7 sec	17	2	14	1 bag in 18.83 sec	15	4	18	Kyle Masiero	17
16	21	Skyler Newcomb	0		0	525 lbs	17	3.5	3.5	40 ft 0 in	12	6.5	10	2 bags in 11.71 sec	14	5	15	1 bag in 13.24 sec	13	6	21	Skyler Newcomb	16
15	29	Jetter Lewis	0		0	655 lbs	9	9.5	9.5	40 ft 0 in	12	6.5	16	4 bags in 21.31 sec	9	10	26	1 bag in 28.24 sec	16	3	29	Jetter Lewis	15
14	38	Chance Beatty	3 reps	8	12	655 lbs	9	9.5	21.5	40 ft 0 in	12	6.5	28	2 bags in 16.57 sec	16	3	31	1 bag in 10.97 sec	12	7	38	Chance Beatty	14
12	39.5	Kendall Williamson	4 reps	6	14.5	655 lbs	9	9.5	24	40 ft 0 in	12	6.5	30.5	2 bags in 13.13 sec	15	4	34.5	1 bag in 13.68 sec	14	5	39.5	Kendall Williamson	12
12	39.5	Andrew Dollbaum	5 reps	4	16.5	655 lbs	9	9.5	26	40 ft 0 in	12	6.5	32.5	3 bags in 18.46 sec	12	7	39.5	0		0	39.5	Andrew Dollbaum	12
11	48	Isaac Fox	1 rep	12	8	705 lbs	6	14	22	42 ft 6 in	11	10	32	3 bags in 22.54 sec	13	6	38	2 bags in 36.81 sec	9	10	48	Isaac Fox	11
10	48.5	Jonathan Kilen	0		0	615 lbs	15	5.5	5.5	163 ft 9 in	1	20	25.5	4 bags in 13.55 sec	7	12	37.5	3 bags in 60 sec	8	11	48.5	Jonathan Kilen	10
9	51.5	Jacob Wright	1 rep	12	8	655 lbs	9	9.5	17.5	80 ft 0 in	10	11	28.5	5 bags in 17.41 sec	4	15	43.5	2 bags in 38.43 sec	11	8	51.5	Jacob Wright	9
8	54	Nicholas Curl	4 reps	6	14.5	655 lbs	9	9.5	24	88 ft 8 in	8	13	37	4 bags in 35.04 sec	11	8	45	2 bags in 38.3 sec	10	9	54	Nicholas Curl	8
7	65	Dylan Williams	3 reps	8	12	705 lbs	6	14	26	135 ft 3 in	3	18	44	4 bags in 22.89 sec	10	9	53	3 bags in 32.12 sec	7	12	65	Dylan Williams	7
6	71	Tim Ballew	3 reps	8	12	705 lbs	6	14	26	99 ft 0 in	6	15	41	5 bags in 38.53 sec	6	13	54	4 bags in 31 sec	2	17	71	Tim Ballew	6
4	73.5	Nicholas Smith	2 reps	11	10	745 lbs	4	16.5	26.5	95 ft 2 in	7	14	40.5	5 bags in 13.09 sec	1	18	58.5	4 bags in 33.33 sec	4	15	73.5	Nicholas Smith	4
4	73.5	Dan McGuire	6 reps	3	18	745 lbs	4	16.5	34.5	86 ft 9 in	9	12	46.5	5 bags in 24.34 sec	5	14	60.5	3 bags in 21.96 sec	6	13	73.5	Dan McGuire	4
3	79	Tyler Thompson	8 reps	1	19.5	795 lbs	2	18.5	38	100 ft 6 in	5	16	54	4 bags in 17.01 sec	8	11	65	4 bags in 41.49 sec	5	14	79	Tyler Thompson	3
2	86	Jon Furrh	5 reps	4	16.5	795 lbs	2	18.5	35	163 ft 4 in	2	19	54	5 bags in 16.15 sec	3	16	70	4 bags in 31.71 sec	3	16	86	Jon Furrh	2
1	91.5	Tim Buck	8 reps	1	19.5	835 lbs	1	20	39.5	134 ft 9 in	4	17	56.5	5 bags in 15.06 sec	2	17	73.5	4 bags in 26.73 sec	1	18	91.5	Tim Buck	1 Arnold Invite